# Thought:

Change is inevitable,

Growth is optional!



#### Children's Integration Support Services

#### Change with Wisdom

By
Susan Spence &
Sylvie Tourigny



#### Who is CISS

Children's Integration Support Services (CISS), a bilingual program of Andrew Fleck Child Care Services, is funded by the City of Ottawa to provide support services to licensed nursery schools, day care centres and home child care agencies that integrate children with special needs from 6 weeks to 10 years of age

The inclusion of children is best supported through the optimum development of the early childhood community by providing appropriate resources and training opportunities.

#### Change with Wisdom

- CISS remains Strategic (SUCCESS)
- Evolution of Behaviour Management
- > Positive Outcomes Program (POP)
- Questions and Mutual Exchanges

#### SUCCESS

Strategic planning

Understanding the landscape of services

Communication

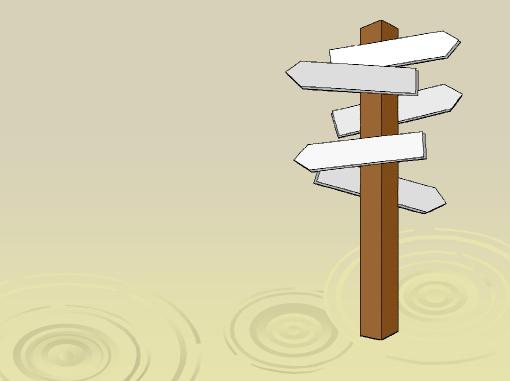
Challenges

**Environment** 

Sharing

**S**trategies

# Strategic Planning



# Community Process

➤ Following an extensive community review the vision was to develop a flexible and responsive system to support the changing and diverse needs of families and children

# Map & Path to Support Mandate

- CISS has had three facilitated Map & Path working sessions with the whole team including the Executive Director and Board Member of AFCCS, also representatives from both the Ministry of Children & Youth Services and from the City of Ottawa
- This process supports reaffirming the vision and creates a strategic plan that is both positive and possible

### Creating the Dream

Collectively the team identified their "Dream"

CISS dreamed of a community that valued diversity, supported families and children, provided choices, nurtured acceptance, provided resources, celebrated inclusion and provided hope and growth opportunities for everyone

#### What's Next?

- Through discussions, the team was able to bring forward key issues, to explore possible solutions and identify system activities that would be developed to move CISS closer to the "Dream"
- Agreement was achieved regarding those issues that could be changed and those that could not
- Separated out inclusion issues from other systems issues

#### Positive & Possible

- Success for this process is based on everyone becoming engaged, committed to and actively participating in the activities identified
- Process allows for community partners to be identified and engaged in the process where appropriate
- Moves to system level thinking

# The Work Begins

- Once the various work activities have been identified, working committees are formed
- Allows for further leadership development
- The expectation is that each working group provides the whole team with recommendations and updates as things unfold. Everyone is able to provide input

# One Step at a Time...Together We Succeed Un pas à la fois...Ensemble nous réussissons



When you dream alone,
it is only a dream.
When you dream logether,
it is the beginning of reality.

Dom Helder Cases

Quand ou rêve seul,

ce n'est qu'un rêve.

Quand on rêve ensemble,

c'est le début de la réalité.

Bom Helder Camara

Children's Integration Support Services Services d'intégration pour jeunes enfants

# Remember

Vision without action is merely a dream;

Action without vision just passes the time;

Vision with action can change the world.

# Understanding the Landscape



# Systems Changes

#### **Provincial Initiatives**

- > Preschool Speech & Language
- Developmental Services Restructuring
- Mental Health Restructuring
- Development of Healthy Babies, Healthy Children
- Downloading to the Municipalities

# More Developments

- Success by Six, United Way
- > Preschool Autism Initiative
- Development of the Early Years Centres
- School Age Autism Program
- Ministry of Education changes in policy

- Infant Hearing and Screening
- ➤ Blind Low Vision Program
- More funding for Developmental Services, no funding to child care, same population
- Instead of one point of entry, the system has created more ports and more confusion

### Reality in Child Care

- The needs of children are more challenging
- Difficulty in finding supply teachers i.e. meetings/training
- Supervisors/teachers are dealing with parents/children whose issues are more complex
- Quality of each child care program impacts on inclusion success

#### **Evaluation of CISS Program**

- CISS has completed a formal review every second year through a questionnaire sent to parents who have received our service and to the community child care programs that CISS supported
- Feedback from this process has influenced changes and developments in the CISS program

# Another Evaluation Strategy

- Set-up focus groups to discuss the different components of the child care system
- Supervisors were asked to identify what worked and what didn't and then they were asked to identify possible solutions to the issues

# Positive and Possible Outcomes for CISS

- Broadening the mandate of who qualifies for CISS support
- Behaviour Management Consultant was hired
- Levels of support for Integration Advisor consultation were developed
- Expansion of community training program

# Communication



# Listening and Responding to Needs

- > Parents' needs
- > Child care programs' needs
- > Child(ren's) needs
- > Effective communication

#### Some Words of Wisdom

- Know the history including the attitudes and beliefs in your community
- Model a Proactive versus Reactive approach
- > Build on individual and collective strengths
- Resource Teacher Programs must be a part of all round table discussions
- Make decisions and continue to evaluate on an ongoing basis
- > Pilots are positive!
- Check in with parents and the child care community both formally and informally

#### Supporting Effective Communication

#### Within the Community:

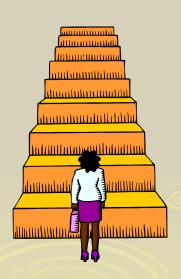
- ➤ A "Supervisors Kit" was developed that contained a hard copy of every form/policy to support Supervisors in communicating with CISS
- Each time a change was made to a policy or a process, revised documents were sent out to the child care programs
- Information sessions are held for parents and the child care community when service delivery was going to change

#### Supporting Effective Communication

#### Within our Program

- Team support meetings occur to problem solve and brain storm common approaches and processes
- Networking circles, (small group discussions), have been coordinated to support new team members and value everyone's input

# Challenges



# Ongoing Challenges

- Existing services for children with special needs continue to operate in silos
- Increased demand for service due to Provincial Initiatives
- Philosophical differences in attitudes and beliefs
- Separating out inclusion issues from child care issues, who is responsible?
- System does not fund nursing support for children with medical needs

#### Child Care is not Mandated

- More children are being identified and the resource dollars are not being increased to meet the need
- Parents are informed about the importance of early intervention and are angry when they wait for assessment and then service

# Environment



# Observed Needs Create Innovative Approaches

#### CISS developed:

- an environmental assessment tool
- a behaviour management manual in both English and French
- to support child care programs in looking at the behavioural needs of children in their environment

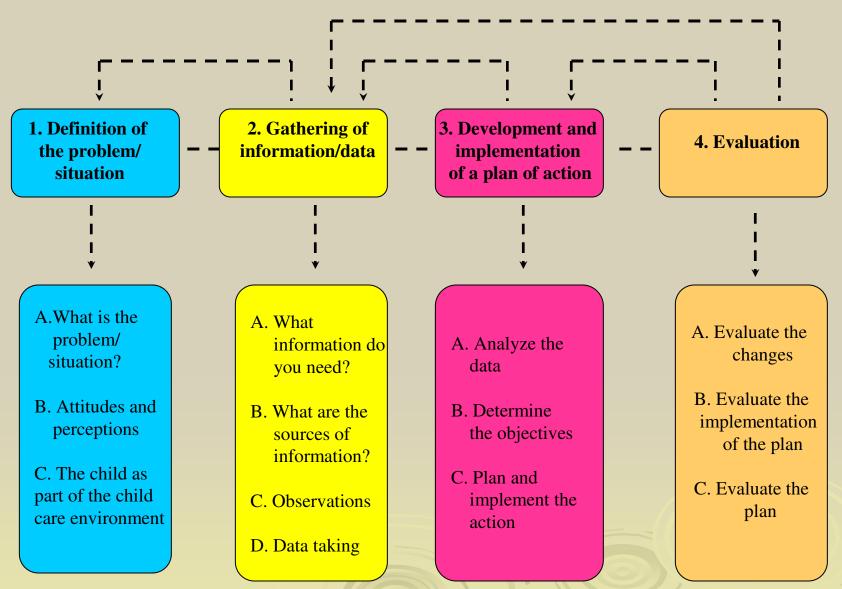
### Intervene Before Reacting:

A Positive Integrated Approach to Behaviours in the Child Care Environment

Presented by:
Children's Integration Support Services

A program of Andrew Fleck Child Care Services

#### ◆Figure 1: The Process of Behavioural Change



From "Intervene Before Reacting: A Positive Integrated Approach to Behaviours in the Child Care Environment", 2003

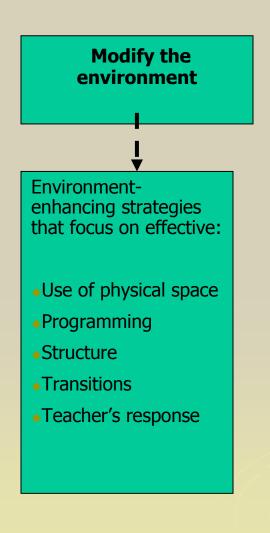
#### The Environmental Pathway

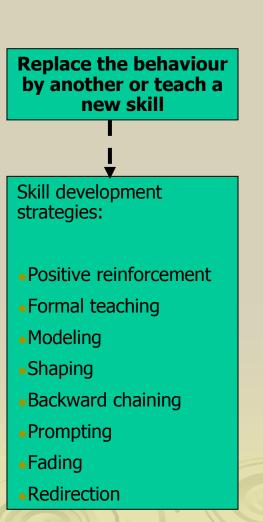
- Assesses and enhances the child care environment
- CISS Child Care Environment Assessment Tool
  - ✓ gain insight into the causes of the challenging behaviour
  - / make carefully planned and implemented changes
    to the environment, which will support and sustain
    the desired behavioural changes

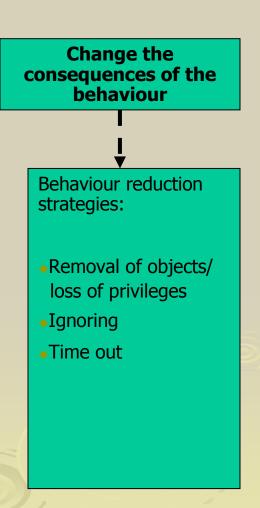
### The Behavioural Pathway

- Presents a behaviour-centred approach
- Assesses behaviours and uses strategies that deal specifically with the behaviours themselves
  - ✓ skill development strategies
  - ✓ behaviour-reduction strategies

#### **Summary**







# Positive Outcomes Program (POP)



#### POP

- A gap in service was highlighted regarding the behavioural needs of children who did not meet the CISS mandate
- This gap highlighted the significant impact on children within the CISS mandate who could then not access child care

#### POP

- POP is funded by the City of Ottawa through the Provincial Early Learning and Child Care Initiative.
- ➤ It targets children not eligible for CISS, attending licensed child care who are presenting with challenging behaviours
- > POP is a prevention strategy

## POP Objectives

#### To:

- reduce behavioural challenges
- provide early intervention
- promote skill development

Behaviour Management Consultants provide resources and support for child care programs.

The equivalent of 4 full days a week of consultation, from POP is provided to the child care community.

#### POP Process

- A POP working group was struck to develop a process, guidelines and forms which are revisited on a yearly basis.
- ➤ The CISS manual training, the environmental assessment process and other resources and supports are provided in partnership with the child care community through this program.
- ▶ It was initially launched as a pilot project and is now an integral part of CISS.

# Sharing



# Linking with the Community

CISS has been a working member of the various government initiatives in service development and restructuring

Each member of the CISS team is a member of a community committee that supports children or children's/families issues

# Formalizing Partnerships

- Protocols were developed between CISS and community partners:
- Ottawa Children's Treatment Centre: Infant Development Program, Behaviour Support, Therapists, transition to school
- > Blind Low Vision
- Family Day Care Programs
- ➤ Autism Intervention Program
  In light of systems changes the protocols all have to be revisited and revised

# Strategies



### Celebrate

- Support sharing of successes and challenges, both individually and collectively
- Validate everyone's contributions
- ➤ Hosted two conferences to celebrate the 10<sup>th</sup> and 15<sup>th</sup> CISS anniversaries for the partnership with the child care community

# Advocating

- Working with the Provincial Resource Teacher Program networking group to create a profile with the Provincial Government regarding Resource Teacher Programs
- Respond to surveys within our community with an inclusion focus

## Leadership

- Expect to keep moving forward realizing that sometimes you may need to take a step backwards or outside of the box
- > Engage others to support process
- ➤ The littlest changes can make the biggest difference "Chaotic Phenomena"

#### Reinforce our Belief

- Success is not about individual achievement
- When you're driving it all alone, not listening to others
- and just working for the numbers, there is an emptiness
- Success is a shared experience connected with lots of people.
- It is a bottom line- with a heartbeat

Tom Chappell's Book entitled, Tom's of Maine

# Questions and Mutual Exchanges